

GOSPEL ACCLAMATION

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory! / No one lives on bread alone, / but on every word that comes from the mouth of God. / Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Mt 4:1-11

A reading from the holy Gospel according to Matthew.

Jesus fasted for forty days and nights.

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says:

Man does not live on bread alone
but on every word that comes from the
mouth of God.'

The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God' he said 'throw yourself down; for scripture says:

He will put you in his angels' charge,
and they will support you on their hands
in case you hurt your foot against a stone.'

Jesus said to him, 'Scripture also says:

You must not put the Lord your God to the
test.'

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these,' he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says:

You must worship the Lord your God,
and serve him alone.'

Then the devil left him, and angels appeared and looked after him.

■ The Gospel of the Lord.

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Breaking Open the Word



THE SAVING WORD

FIRST SUNDAY OF LENT / A

26 FEBRUARY 2023

IN JESUS' FOOTSTEPS

At the dawn of human history, Adam and Eve were seduced into trying to grasp equality with God. In their quest to become like God they gained some knowledge, but it left them chastened and disillusioned. Created in God's image they now saw that dignity was distorted by sin and became aware of their nakedness, vulnerability and need for God.

Prior to commencing his public ministry, Jesus undergoes a time of testing and preparation. During this time Jesus shares in all the trials that Israel experienced in the desert. They lost their way in the desert but Jesus gives us hope as he reveals the qualities that mark God's children. He knows the source of his life is to be found in God so there is no need to make his own bread. He knows that God is with him, and does not need to put God to the test. He is certain that God is the source of his life and power, and rejects the call to worship Satan.

Paul looked at all of salvation history and saw that Adam and Jesus marked two vital moments in God's dealing with humanity. What had been lost by one had been more than regained by the other. Through the gracious gift of Jesus' death, we are able to begin anew as God's children. As we begin the season of Lent we are invited to reflect on our own story, to begin once again with thankful hearts, and follow in the footsteps of Jesus.

Christopher Monaghan CP

FIRST READING

Gen 2:7-9; 3:1-7

A reading from the book of Genesis

Creation of our first parents, and sin.

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death."' Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

■ The word of the Lord.

RESP PSALM

Ps 50:3-6, 12-14, 17. R. v. 3

R. Be merciful, O Lord, for we have sinned.

1. Have mercy on me, God, in your kindness. / In your compassion blot out my offence. / O wash me more and more from my guilt / and cleanse me from my sin. **R.**

2. My offences truly I know them; / my sin is always before me. / Against you, you alone



have I sinned; / what is evil in your sight I have done. **R.**

3. A pure heart create for me, O God, / put a steadfast spirit within me. / Do not cast me away from your presence, / nor deprive me of your holy spirit. **R.**

4. Give me again the joy of your help; / with a spirit of fervour sustain me. / O Lord, open my lips / and my mouth shall declare your praise. **R.**

SECOND READING

Rom 5:12, 17-19.

A reading from the letter of St Paul to the Romans

Where sin increased, there grace abounded all the more.

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned.

If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

■ The word of the Lord.

Longer form 5:12-19